

## The Spa at Grand Velas Los Cabos Opens Late 2016 With Authentic Treatments & Guided Water Journey

*Barber Shop for Men, Options for Kids and Teens & Two-Level Wellness Suites With  
Personal Juice Bars Up the Ante*

### **Cabo San Lucas, Mexico (August 24, 2016) –**

Mexico's Velas Resorts entices wellness travelers this winter with the opening of Grand Velas Los Cabos and its Spa in late 2016. Wellness offerings abound at the resort from the spa's innovative and authentic treatments to personal juice bars in over-the-top Wellness Suites. The two-level, 35,000 sq. ft. spa will have 16 treatment rooms, some with a water view, to enjoy treatments using the latest technology and products of the Earth, traditional in the Mexican culture. A guided water journey, kids' and teens' treatments, bridal suite, salon, and barber shop will also be available.



An authentic re-interpretation of luxury and well-being based on age-old rituals and treatments, the spa menu offers over twenty different treatments organized into Ceremonies. The Ceremony of Mexico features a fusion of flavors, aromas and refreshing touches from traditional healers with treatments such as:

- Blue Agave Candle Massage
- Blue Agave Exfoliation
- Tequila Cream Massage
- Ancient Stone Massage
- Chocolate Wrap

A guest's true essence and light emits after facials in the Light Ceremony. Body treatments in the Sand Ceremony of Sun & Sea connect one with the Earth, sky and sea. The Ceremony of Well-Being offers restoring massages, including a K-AHA-L (water in the Cochimi natives' language) Massage. The Ceremony of Grand Velas includes longer rituals, such as the pre-Hispanic rooted Organic Agave Ritual (120 min). For couples is the Ceremony of Yaakunah (love for two).



World renowned spa consultant Diana Mestre conceptualized the international spa menu with Josselyn De la Mora Alvarado, Spa Director. The spa menu features some of the most requested treatments from its sister properties in Riviera Maya -voted "Best Spa in the World" by Virtuoso - and Riviera Nayarit – multi-time recipient of Condé Nast Johansens' Most Excellent Spa Hotel – while signature treatments center around the Blue Agave plant native to Mexico and its pre-Columbian

ancestral healing benefits.

Included in any treatment of 50 minutes or more, a seven step water journey features a eucalyptus-scented steam room with chromotherapy, polar pool, aromatherapy sensory shower, sauna, Jacuzzi and multi-sensory pool. The central pool features several hydro elements such as powerful massaging faucets for neck and back and bubble beds, carved-stone chaises with jets set just underneath the surface of the water on which guests recline. A

spa valet provides personalized direction to make sure guests get the most out of the truly relaxing hydrotherapy experience — such as how to alternate the various hot and cold rooms and pools, and how long to linger in them. Upon completion of the journey, guests recline on heated loungers with warm neck pillows, cool scented towels and cucumbers on the eyes to ensure the body is fully relaxed for a treatment.

A men's barber shop complements beauty salon services for women and haircuts for babies. Massages, body treatments and facials for kids and teens are offered insuite. Pre-wedding services and treatments are available for brides, grooms and their wedding parties.



Six two-level Wellness Suites are also on tap for the resort. The suites are double height with lofted ceilings and feature a plethora of fitness and wellness amenities, such as Life Fitness recline bike, spa concierge, Vitamin C sprinkler, crudité minibar, aromatherapy kit, in-suite massage and more. All Wellness Suites face the spa with the second level being exclusive for the fitness amenities, inclusive of a juice bar with a wide selection of juices and healthy beverages.

A spa boutique, Life Fitness center, Spa Moments poolside and on arrival, and rooftop garden for meditation are also available for guests to embody the wellness experience.

For more information on Grand Velas Los Cabos, visit <http://loscabos.grandvelas.com/>.

#### **About Grand Velas Los Cabos:**

Opening in late 2016, Grand Velas Los Cabos on Mexico's Baja Peninsula is the fifth property of the family owned and operated Velas Resorts. Located between Cabo San Lucas and San Jose del Cabo, the \$150 million beachfront property will offer the next generation of all-inclusive amenities and facilities with dramatic ocean views and unique



spaces infusing every area of the resort. All 306 ocean view suites are over 1,180 sq. ft. with private terraces and personal plunge pools while duplex wellness suites have designated wellness amenities and insuite juice bars. Grand Velas Los Cabos features five gourmet restaurants with an extensive beverage program and wine based features inspired by the proximity to the region producing Mexico's fine wines. A staff ratio of 3 to 1; 16,370 sq. ft. convention center with the capability for 20 breakout rooms; 19,375 sq. ft. Leading Spa with 20 treatment rooms and hydrotherapy facility; three pools, including one adults-only; and pool and beach concierges are available. Rounding out the list of amenities and services are a Life Fitness Center with personal trainers, exercise programs, yoga, Pilates and meditation; recreational activities program; separate teens' and kids' club facilities and activities program; 24-hour personalized butler concierge service; and 24-hour insuite service. A gallery of contemporary art will continue the company's commitment to bringing the art, fashion and culture of Mexico to guests. The curved, half-moon design of the hotel will catch eyes along the corridor with an iconic grand entrance that's open air, three stories high and over 300 ft. above sea level. All of this beachfront, just 35 minutes from the Los Cabos International Airport which directly services over 40 destinations in the United States, Canada and Latin America. Velas Resorts are operated by Eduardo Vela Ruiz, majority owner, founder and president of Velas

Resorts, with brother Juan Vela by his side, vice president of Velas Resorts. For reservations or additional information, please call 1-888-407-4869 or visit [www.grandvelas.com](http://www.grandvelas.com).